



2026

TEAM HANDBOOK

2027

DIAMONDCЛУBBASEBALL.NET

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Dear Families,

Welcome to the Diamond Club Baseball organization! We are excited to have you as part of our baseball family and look forward to cultivating a life-long love for the game of baseball.

The mission of Diamond Club is to develop the whole player (physical, mental, and emotional) so that each of our kids have the best chance possible to succeed at higher levels of the game. To accomplish this goal, we try to prepare our players to be fundamentally sound and mentally ready to play. We also stress the importance of developing a high baseball IQ on the field. Playing the game hard, doing the little things, doing the right things all the time, and being a good teammate - those are all traits that our coaches will expect from each and every one of our players.

Diamond Club functions as a player development system made up of individual teams. While a team is bound by a definitive year or season, a program spans years and relies on the continuous effort, support, and advocacy of coaches, parents, and players who have established a tradition. We have coaches and families that have been with us for many years that care a great deal about what we do here for kids. The Diamond Club brand means a lot to our owners, our coaches, and hopefully and most importantly, to our players. We want our players to wear that DC logo with pride and understand that they are representing something bigger than themselves.

We value the trust you place in us as coaches and role models for your young athletes. As parents ourselves we understand that this is more than just making your children better players: It's about instilling the confidence, attitude, and effort necessary to be successful far beyond the short time you have to play this game.

Please take some time to read through this manual as it contains very important information about how our organization functions and the standards that we have in place, many of which were outlined in your signed contract. If you have questions, please reach out to the appropriate source.

We can't wait to begin working with our players this offseason in our state of the art training facility to prepare them for an outstanding 2027 season!

Best Regards,

A handwritten signature in black ink, appearing to read 'Jeff M. Doland'.

Jeff M. Doland
Managing General Partner

PHILOSOPHY

OVERVIEW

Player development is the primary goal of our Youth Team Program. We prepare players physically, mentally, and emotionally to succeed at higher levels of baseball.

Diamond Club Baseball's Youth Team Program provides athletes an environment where they can master their skills, develop character, learn what it means to work for something they desire, and develop lasting relationships with teammates and coaches.

Our program stresses the importance of hard work, quality repetitions, focused intensity, positive attitude and the responsibility each player has to his teammates, coaches, parents and most importantly, himself to be the very best he can be.

DC youth players will learn to compete and develop skill sets that will serve them both on and off the field. Our coaches stress proper fundamentals, team work, discipline, respect and accountability. We expect each of our players to **Compete**, show **Courage**, have great **Character**, stay **Composed** and be a **Class** act!

PLAYER DEVELOPMENT

Our ownership group, training staff, and coaches focus on the development of EACH player so that they can reach their full potential.

Current success does not mean long-term success. The longer you wait to develop a skill, the harder it gets. Players can get away with poor mechanics at younger ages if they have a dominant physical tool to carry them such as superior size, speed, or arm strength. Eventually though, other players catch up.

Physical errors, like not taking the proper route to the ball, or mental errors, such as throwing to the wrong base, are masked by the ease of making up run differentials. This does not happen at higher levels of baseball.

It is imperative that players learn how to do things the right way from an early age. At higher levels of the game, players need to be mechanically sound, possess a strong baseball IQ, put themselves in a position to make routine plays, and be mentally tough enough to deal with failure.

THE SYSTEM

We structure, organize, and develop our teams and players in much the same way that MLB organizations do.

- The development of players is tracked by coaches and our training staff, all of which is overseen by the DC ownership group.
- We focus on mechanical development; speed, flexibility, and strength training; and developing players with a high baseball IQ.
- Players receive consistent feedback on skill development during practices and games. We strive to make sure that players hear the same message from their coaches and the DC training staff.
- Coaches attend periodic organizational and development meetings with the DC staff throughout the year. They are provided tools to help them with practice plans, mechanical assessments, and guidelines that are age specific. Our coaches understand that it is their job to prepare players for success at each stage of the development (age) ladder. Using our Age Development Skill Chart, coaches know what their teams need to be proficient at based on their age. This ensures continuity in the overall program and sets players up for success at the high school level and beyond.
- Coaches submit written evaluations to the ownership group after each tournament. This enables coaches, trainers, and players to communicate effectively in order to achieve team goals and individual goals.

COMMUNICATION

PREPARATION

TRUST

ACCOUNTABILITY

RESPECT

TEACHING

TEAMWORK

ENERGY

EFFORT

EXPECTATIONS

RULES & REGULATIONS

I. PLAYER PAYMENTS

1.1. Terms - All player fees are non-refundable. No refunds or credits, whatsoever, will be issued to a player or player's family who chooses not to participate at any point after this agreement has been signed. This includes an inability to participate due to absences, dismissals, suspensions, illness, injury, or withdrawals before the end of the season. Personal reasons such as travel, conflicting schedules, or lack of commitment are not cause for a refund. Furthermore, fees are not prorated based on attendance, participation, or date the player was added to the team roster. In the event a team does not complete their schedule, players will receive a credit based on the number of tournaments that were not played. The amount of the credit is at the sole discretion of Diamond Club Baseball.

1.2. Player Fees - The estimated player fees for the 2027 season are \$2495 (8U) and \$3475 (9U-14U). It is the intent of Diamond Club Baseball to keep the fees at this price, however, tournament fees and field usage fees have not yet been advertised and are subject to change. Therefore, Diamond Club Baseball reserves the right to make a special assessment, and/or adjust player fees assessed to each player if tournament costs and field usage fees exceed the budgeted amount. Should this be the case, parents will be invoiced and given payment options, as well as an explanation of any special assessment and/or adjusted fees. To help ensure that player fees do not exceed the budget, Diamond Club will organize 2-3 program fundraisers (see section 4.3).

1.2.1. Fee Calendar

<u>Due Date:</u>	<u>Amount:</u>	<u>8U Amount:</u>
At execution of contract	\$325.00	\$325.00
9/15/26	\$450.00	\$310.00
10/15/26	\$450.00	\$310.00
11/15/26	\$450.00	\$310.00
12/15/26	\$450.00	\$310.00
1/15/27	\$450.00	\$310.00
2/15/27	\$450.00	\$310.00
3/15/27	\$450.00	\$310.00

1.2.2. Payment Options - Payments can be made online at www.diamondclubbaseball.net, by check, or by cash. If paying by credit card, parents will set up auto pay via the website. If paying by check or cash, please include your child's name, age group, and coach's name. Payments can be mailed to Diamond Club: 4860 Van Gordon St. Unit A, Wheat Ridge, CO 80033 Lump sum and pay-in-full options are also accepted.

1.3. Fee Inclusions and Exclusions - The player fees cover 9-10 tournament entry fees, uniform package, team insurance, practice field usage costs, facility usage costs, scheduled team clinics, speed/strength/agility program (9U-14U), administrative fees, team practice

baseballs, and team game balls. The cost also includes the DC Team Membership for facility access, use of The Futures App, and professional instructor led practices (see section 2.1). Fees DO NOT cover private instruction, camps, or specialty equipment (helmets, bat bags, fleece pullovers, sleeves, and catching gear). Players are responsible for their own personal equipment, such as cleats, gloves, and bats. Fees must be current prior to uniform distribution.

II. PRACTICES

2.1. Winter Practices - Our program wide speed/strength/agility workouts will start in November. Team practices will begin in December or January, depending on each team's coach. These practices will be on weekdays, for an hour and a half at Diamond Club. In addition, 9U-14U teams will have 8 weeks of professionally coached practice and speed/strength/agility workouts on either Saturdays or Sundays beginning in January. 8U teams will have additional practice times on weekends at Diamond Club over the course of these eight weeks. Both Diamond Club and the Sport Stable in Superior may be utilized for weekend practices. Team clinics may also be scheduled and run by our Diamond Club staff from time to time. Every player should strive to attend all practices. Please communicate with your coach if conflicts arise due to school activities or winter sports programs. Players will not be disciplined for being a multi-sport athlete.

2.2. Spring Practices - Outside practices will begin when the local cities release the fields for use in March. Each team will be given a 1.5-2 hour time slot twice a week to hold practice. Teams may also have a third night of practice in the facility if the coach desires. Missing spring practices can result in reduced playing time. In the event a player misses a practice for any reason other than illness, coaches should be notified at least 24 hours prior to the start of practice.

2.3. Attire - Unless otherwise specified by your coach, players must wear baseball pants, DC shirt, cap, belt, and socks to all practices. Players will be issued DC practice tops and shorts. Shorts may be worn for lessons, speed/strength/agility training, and at team practices periodically at the direction of the team's coach.

III. UNIFORMS

3.1. Uniform Package - Players will receive two uniform tops, one pair of pants, two caps, one practice t-shirt, and one pair of practice shorts. Players/teams are responsible for socks and belts.

3.2. Sizing - Families will be notified of the process for uniform sizing and will be responsible for ordering the correct sizes. Families will be responsible for any additional cost if replacement uniform items need to be issued due to damage, loss, or incorrect sizing.

3.3. Branding, Colors, and Equipment - Long sleeves worn under a uniform must be navy in color. Uniform pants worn during the game must be Under Armour. There should be no visible branding, other than Under Armour, on undershirts, socks, belts, or pants. Shoes, batting gloves, wristbands, fielders gloves, bats, and catchers gear may be any brand of the player's choosing. It is prohibited to use Diamond Club logos on any uniforms, apparel, or gear not purchased through Diamond Club. Any design used for team bags, team specific apparel, alternate caps, and/or alternate uniforms must receive authorization from Diamond Club ownership.

3.4. Helmets and Catchers Gear - It is mandatory that each player have their own helmet, which will be available for purchase through Diamond club, or a third party. It is not mandatory that a helmet is purchased through Diamond Club's store but any helmet worn during competition must conform with the style and color designated by Diamond Club. Details will be provided to families regarding helmets as the season gets closer. The club does not provide team catching gear.

3.5. Player Caps - Diamond Club caps should be worn in a forward facing manner at all times, unless a player is wearing a catching mask during practice or a game. It is encouraged that parents mark either the players name and/or number on the inside of the cap. It is prohibited to sew numbers onto the caps unless the entire team participates. In that case, the location and style must receive prior approval from a Diamond Club owner.

3.6. Store Items - Additional pants, sweatshirts, fan apparel, etc. will be available for purchase through our online store.

IV. FUNDRAISING

4.1. Team Fundraising - Teams may choose to offer individual and/or team fundraising opportunities throughout the year to offset costs, add extra tournaments, extra uniforms, travel, team bags, etc. Families may opt out of team fundraising but are expected to pay any amount owed to the team for agreed upon additional expenses.

4.2. Fundraising Options - It is the responsibility of individual teams to organize any fundraising event. Diamond Club Baseball must be consulted before any event is organized. Diamond Club will help in any way possible with the organization of events, suggestions for events, use of logos, advertising, etc.

4.3. Organizational Fundraising and Sponsorship - Diamond Club may organize 2-3 events throughout the year. Families are expected to support these efforts through participation, support, and advertising to their sphere of influence. In addition, Diamond Club seeks out corporate sponsorships for the organization as a whole such as a program uniform sponsor, program helmet sponsor, and corporate signage inside the facility. These funds are used for

facility maintenance, upgrades, equipment, and general operating expenses factored into our yearly budget. They do not offset individual fees or team fees.

V. TRAVEL

5.1. Diamond Club teams play most tournaments in the metro area, ranging from Fort Collins to Colorado Springs. Teams do have the option to travel a greater distance to other tournaments if they (the parents) should so choose. However, these additional fees, such as higher tournament costs, travel, hotel, and meals, are not covered in this agreement and would be at an additional cost to families. In addition, any tournaments not within the Denver metro area must be approved by a Diamond Club owner. We have sent teams to Florida, Omaha, Phoenix, Grand Junction, Pueblo, Colorado Springs, Kansas City, Park City, and Cooperstown.

VI. PARENT EXPECTATIONS

6.1. Parents and family members agree to uphold the following standards:

- I will treat each individual (player, opposing teams players, parents and coaches, officials, or administrators) with respect and dignity. I will exhibit exemplary conduct at games and practices.
- I will not engage in any negative emotional, psychological, or physical contact toward anyone involved with the team, the Diamond Club Baseball Program, leagues, tournaments, or off field activities I/We participate in.
- I will respect the judgment, strategy, and decision making process of the coaches and will not publicly criticize coaches or players for any reason.
- I will not confront a coach or player before, during or immediately after a game. I will try to find an appropriate time to discuss any issues. Use the 24-hour rule (see below).
- I will temper my reactions and investigate situations before taking action.
- I will be as prompt as possible dropping my child off and picking my child up from practices and games.
- I will attempt to understand the various rules that we play under including all Rule modifications established for our team.
- I will not coach from the stands, approach the dugout or field during games or practices to offer instruction to my player, or exhibit any other behavior that undermines the team's coach(es).
- I will show respect and uphold the authority of the officials who are assigned to the game.
- I will show compassion for any injured player and will applaud good play by either team.
- I will communicate any issues my family may be experiencing making practice/games or being on time. If a repeated pattern of unexcused absences occurs, it may result in a loss of playing time for the athlete.

- I will not heckle, jeer nor distract players of any team and will avoid the use of profanity, inappropriate language or behavior.
- I will not provide false information of any kind.

6.2. 24 Hour Rule - Throughout the course of the season, questions may arise involving your child and his/her playing time, positions played, etc. Parents agree to wait 24 hours before contacting a coach after tournament games. Sometimes, this short period lends clarity and reflection for all parties and will lead to more productive dialog.

6.3. Communication - Communication is the key to a successful season. Parents agree to follow the Chain of Command, which is outlined below, when communicating. Diamond Club ownership **is not** the first point of contact when addressing a concern with a coach. In past years, Diamond Club teams that have had the most success are the ones who have parents, players, and coaches working toward two common goals: to improve as players and win as a team.

6.4. Chain of Command - If an issue arises, parents agree to follow this order of communication to resolve issues:

- Player/Coach Meeting (Beginning at 12U)
- Player/Parent/Coach Meeting
- Parent/Coach Meeting
- Player/Parent/Coach/Youth Director Meeting
- Player/Parent/Coach/Diamond Club Ownership

VII. PLAYER EXPECTATIONS

7.1. Players agree they are responsible for and commit to the following:

- I will forth my best effort and bring great energy to practices and games.
- I understand that during the school year, academics are a priority. If I do not attend school, I will not be permitted to attend practice(s) or game(s), unless it is a prearranged absence or medical/family emergency.
- I commit to knowing the rules of the game to the best of my ability.
- I will treat teammates, parents, coaches, officials, opposing players (and their parents and coaches), and the game of baseball with respect at all times.
- I will respect the umpires by being courteous and maintaining control of emotions throughout the game.
- I understand that talking back or losing my temper will not be tolerated.
- I will adhere to team specific rules set forth by the Diamond Club staff and coaches
- I will shake hands or tip my cap with/to opponents and umpires after each game.
- I will go to my coach with questions about my team or my role on the team.
- I understand that throwing bats, helmets or any other equipment is not permitted at any time.

- I am committed to attending practices and being on time.
- I will respect the Diamond Club Facility, practice fields, and game fields by taking care of my personal equipment, respecting facility equipment, and picking up after myself.
- I will strive to exhibit the 5 'C's' - **Compete** always, show **Courage**, have great **Character**, stay **Composed**, and be a **Class** act!

Depending on the level of infraction or repeated infractions, failure to adhere to the above Standards of Conduct may result in:

- Apologizing to teammates, coaches, the other team, or an umpire.
- Removal from a game.
- Suspended from training or future games.
- Required to leave the team.
- Situations not covered above will be dealt with on an individual basis by the coach or ownership as needed.

VIII. CODE OF CONDUCT

8.1. Sportsmanship - Diamond Club strives to provide a positive and healthy environment for all participants, including our opponents. The key to maintaining this environment lies in good sportsmanship. These standards are expected of our players, coaches, DC families, and guests.

8.2. Discrimination - Diamond Club has a zero tolerance policy when it comes to discrimination of any kind.

8.3. Disciplinary Policy - Any behavior that violates the parent/player/coach code of conduct will be considered an offense. Any disciplinary action will be at the discretion of the coach and Diamond Club Ownership Group, including but not limited to:

- Verbal warning to player/coach/parent. If it is a player warning, parents will be notified.
- Written warning, loss of playing time.
- Suspension or dismissal from the team.

IX. ROSTER EXCLUSIVITY

9.1. Youth Program - Parents must have the permission of the Head Coach and Youth Director to play for other teams during the season. This policy exists to protect the integrity of our teams as it relates to roster size, injuries, overuse of pitchers, etc. Players are encouraged to participate in showcase events and national tryouts and tournaments such as Perfect Game, Team USA, Cooperstown, etc. Parents should communicate these opportunities with the head coach. Any request for a variance to this policy must be received in writing. Failure to comply with these regulations may result in the player being removed from the team roster and forfeiture of all team fees.

9.2. High School Summer Baseball - Players are not allowed to play for another organization during the defined summer season for his team. Diamond Club, at its sole discretion, may permit players to compete with their high school summer teams in a limited role. This is handled on a case by case basis and it is up to the parent and player to communicate with the Diamond Club Ownership group regarding this arrangement. Failure to comply with these regulations may result in the player being removed from the team roster and forfeiture of all team fees. Variance requests to this policy must be addressed with the Diamond Club Ownership group.

WHO TO CONTACT

The first point of contact for the majority of your questions related to the team will be your Head Coach.

Most technical issues related to Baseline can be resolved using the chat feature on the website.

- Payments
- Uniform Issues
- Chain of Command
- Fundraising



BRAD MULVANEY

General Partner | **Youth Team Director**
bmulvaney@diamondclubbaseball.net

- General Questions
- Store Orders
- Technical Issues w/
Online Account



GENERAL MAILBOX

teams@diamondclubbaseball.net

- 15U-18U Team
Questions (incl. Scout
Teams)



JEFF DOLAND

Managing Partner | **HS Team Director**
jdoland@diamondclubbaseball.net

- Lesson/training
absences, reschedules,
etc.



INDIVIDUAL INSTRUCTOR

EFFECTIVE COMMUNICATION

"To effectively communicate, we must realize that we are all different in the way we perceive the world and use this understanding as a guide to our communication with others."

- Tony Robbins

Effective communication is imperative to a successful season for all parties involved. Parents must communicate effectively with coaches and vice versa. Coaches must communicate effectively with players in order to get the very best out of them.

Challenge to Coaches - Understand that maturity level may dictate how a player perceives a message. It is up to us as coaches to know how our words may affect players. Use your best judgement at all times. Pay attention to the non-verbal communication that you receive from your players.

Challenge to Parents - When an issue arises that you may not agree with, try to first put yourself in the position of a coach. Try to understand that while your number one focus is your player, it is the coach's job to balance individual player development with doing what is right for the team as a whole. As coaches, we constantly are confronted with decisions and must take many things into consideration. The bottom line is, our coaches care about your kids as both ballplayers and young men.

INSTRUCTION

Our coaches and instructors will coach up your player. We expect them to listen and make adjustments. We also expect their undivided attention during training sessions, practices, and games!

Players need to hear a consistent voice and consistent message. Our coaching staff and instructors strive to be on the same page when it comes to terminology. Clarity for the players is extremely important so they can move forward with conviction in how they prepare. An open line of communication between players, coaches, instructors, and parents is critical so that messages are not lost in translation.

While it is not mandated, we highly recommend that players in our program take lessons from coaches within our facility. Sometimes it is as simple as being on the same page with terminology. In some instances, although rare, it can be a philosophical difference. In this

case, it is recommended that the parent contact a member of our ownership group for further discussion.

In addition to optional lesson programs, players will be offered the chance to attend team clinics throughout the offseason. Attendance for these events is highly recommended. In some cases, testing (velocities) will take place during these training sessions.

Coaching from the stands/sidelines during training sessions, practices, or games is strictly prohibited. Coaching from the stands is counterproductive as it divides the attention of the player and coaches on the field. Discussions with the coaching staff after practices or games (24 hrs) are welcomed. Violation of this policy will result in disciplinary action such as asking a parent to leave the premises, loss of playing time, etc.

COMPETITION

The heat of battle is real but must be managed at all times. Remember that this is a game - it is not life or death. Sit back and enjoy watching your child play because it won't last forever.

We all make mistakes: coaches, players, umpires, and parents. Coaches are going to get players thrown out on the bases. Players are going to overthrow the cutoff man. We all know bad calls are going to be made by umpires. Our players need to be able to handle these situations and work through them. We can help them do that if we refrain from throwing gasoline on a fire. Players are going to take their cues from the behavior of their coaches and their parents. We want to teach players to be composed, positive, and focused on what is next because that is what is most important!

The game of baseball is for the players. As coaches and parents, we want to foster an environment of healthy competition. Healthy competition can be many things including intense, difficult, fun, heart-breaking, rewarding, exhausting, etc. Healthy competition should never be about blame, humiliation, poor sportsmanship, or any loss of control.

THIS IS A GAME DESIGNED AROUND FAILURE. The success or failure of your child on the field is not a reflection on you. Push your kids to put forth effort and display the character traits that will make them successful people. Remember that long-term success is process driven - not results driven. A big part of our job as teachers is to define success for our players and we need your help as parents to do this. This the best way to keep them coming back for more of this great game!

ACADEMICS

Our goal is to ensure that all of our athletes excel in the classroom. We believe that the ingredients to success on the field are the same as the ingredients to success in the classroom: hard work, perseverance, preparation, consistency of effort, accountability, etc. If players do not put forth their best effort in the classroom, how can coaches trust they will put forth their best effort on the field?

In preparing players for higher levels of the game and/or success in future endeavors, the DC staff will stress the importance of academics to our players at numerous times throughout the season. We ask that parents communicate with us as to how players are doing in the classroom. We are more than willing to help guide our players in any way that we can when it comes to the importance of their school work.

COMMUNICATION TO FAMILIES

- It is the responsibility of each family to make sure that coaches and the Diamond Club Staff have your current contact information. Please make sure your account is up to date on StatStak and that your player(s) is linked to you.
- Individual teams may choose to communicate via platforms such as GameChanger or other alert systems. These platforms should be used for schedule changes, team announcements, etc. They are not to be used for other communication purposes.
- Communication from the Diamond Club staff will almost always be through email or text message. It is your responsibility to make sure you check your inbox so messages are getting through.
- At times, announcements will be made on our social media pages such as Facebook and Twitter. Any closure of the facility due to road conditions will be posted via these outlets. Email alerts may or may not follow, depending on when the announcement is made.
- Any changes or cancellations to the practice or game schedules will be communicated by the head coach or designated team representative. Diamond Club staff may or may not have immediate updates regarding schedule changes so the first point of communication should be with your player's head coach.

TRAINING CALENDAR

	November - December	January - February	March	April - May	June-July
Instruction	Offseason Group Programs - Pitching, Hitting, Catching		Individual instruction available - hitting, pitching, catching, and fielding. Players will also have options for video coaching memberships / sessions.		
	THROWformance				
Days	1 Hour: 1 weekday per week (Multiple options for THROWformance		30 min/60 min: Weekdays		
Type	Group/Individual/Membership		Individual		
Attendance	Add-on		Add-On		
Fees	Varies depending on program		\$50-\$100 /session (Private)		
Space Used	Tunnels 1, 2, and Bullpen		Tunnels and Bullpen		
Team Performance Training at DC	Team - Utilize weight room and auxiliary bands, med balls, etc. behind bullpen. 8U and 9U groups scheduled for their sessions on turf to allow for open time in weight room	Small group, classes, individual training.			
Days	Combined with Practice I	Weekdays			
Type	Team	Membership/Package			
Attendance	Voluntary	Add-on			
Fees	Paid Through Team Fees	TBD			
Space Used	Weights and Turf	Weights and Turf			
Practice I	Combined with Team Performance Training	Baseball skills. Teams will workout 1.5 hours. Programmed by coaches with input from staff. Focus on baseball fundamentals, game situations (hitting/pitching).	Outdoor team practices, scrimmages, combined team practices. Teams keep their indoor scheduled time through March in case of weather issues	Outdoor team practices, scrimmages, combined team practices.	
Days	1.5 Hours 1 weekday per week	1.5 Hours 1 weekday per week	1.5-2 Hours	1.5-2 Hours	
Type	Team	Team	Team	Team	
Attendance	Voluntary	Mandatory	Mandatory	Mandatory	
Fees	Paid Through Team Fees	Paid Through Team Fees	Paid Through Team Fees	Paid Through Team Fees	
Space Used	Turf, Tunnels 3 and 4	Turf, Tunnels 3 and 4	Fields / Diamond Club	Fields	
Team Performance Training - DC and SportStable		Team - speed, testing, running form, explosiveness. Combo of utilizing DC and SportStable. Combined with weekend practice times			
Practice II / III		Team defense, individual defensive work, flat grounds, base running, pitching.	Outdoor team practices, scrimmages, combined team practices.	Outdoor team practices, scrimmages, combined team practices. Teams will also receive indoor time (DC) or cage time (Prospect Park) on Fridays the weekend team is scheduled for tournament play.	
Days		1 Hour: Sat or Sun	1.5-2 Hours	1.5-2 Hours	
Type		Team	Team	Team	
Attendance		Mandatory	Mandatory	Mandatory	
Fees		Paid Through Team Fees	Paid Through Team Fees	Paid Through Team Fees	
Space Used		DC and Sport Stable	Fields/DC	Fields/DC	

SCHEDULES

- Indoor practice times are scheduled by Diamond Club ownership. Usually, these times/ days remain in effect from November-June. Outdoor practice times will be announced when field providers give us available days and times. Practice fields are typically located in Arvada, Wheat Ridge, Golden, and Westminster.
- Coaches will communicate the tournament schedule as soon as it becomes available, typically in late January or early February.
- Once each tournament schedule is released, the coach or a team parent will communicate the schedule to the team. Timing of the schedule release varies by tournament organization. Diamond Club Baseball does not set tournament schedules.
- Cancellations and/or reschedules will occur from time to time. Parents will be notified by their coach or team parent when changes occur. Weather, field changes, and umpires not showing up are circumstances outside of our control.

SOCIAL MEDIA POLICY

PURPOSE

This policy outlines the expectations and guidelines for the use of social media by athletes, coaches, parents, and volunteers associated with Diamond Club Baseball. Our goal is to promote positive, respectful, and transparent communication while fostering a safe and inclusive environment for all members.

SCOPE

This policy applies to all official club social media accounts, personal accounts when representing the club, and any group chats or platforms used for club-related communication (e.g., Facebook, WhatsApp, Discord, GameChanger, etc.).

GUIDING PRINCIPLES

1. Transparency

- All club-related social media activity, including posts, comments, and group chats, should be transparent and align with the club's values of integrity and respect.

- Official club accounts must clearly identify Diamond Club Baseball and be managed by designated administrators (e.g., coaches or staff).
- Avoid sharing misleading or unverified information. Ensure content reflects the club's mission and promotes team values.

2. **No Harassment or Bullying**

- Harassment, bullying, or discriminatory behavior of any kind is strictly prohibited on any platform. This includes but is not limited to derogatory comments, threats, or content targeting an individual's race, gender, religion, sexual orientation, or abilities.
- All members are expected to communicate respectfully and constructively, both publicly and in private group chats.
- Report any instances of harassment or bullying immediately to a coach or club administrator. Violations may result in disciplinary action, including suspension or removal from the club.

3. **Parent Access to Chats**

- For teams with athletes under 18, parents or guardians must have access to any group chats or communication platforms used for team coordination.
- Coaches and administrators will ensure parents are added to relevant group chats or provided with regular updates about team communications.
- Private chats between coaches and individual minor athletes are not permitted unless a parent or guardian is included or has given explicit consent. Any chats should take place via The Futures App or GameChanger.

GUIDELINES FOR SOCIAL MEDIA USE

1. **Official Club Accounts**

- Only authorized personnel may post on behalf of Diamond Club Baseball.
- Content should focus on team achievements, events, schedules, and positive promotions of the club.
- Avoid posting sensitive information such as personal details or internal conflicts.

2. **Personal Accounts**

- When posting about the club, athletes, coaches, and volunteers should represent Diamond Club positively and avoid content that could harm the club's reputation.
- Refrain from posting inappropriate content, including profanity, offensive images, or references to illegal activities.
- Tag official club accounts when sharing team-related content to maintain consistency and visibility.

3. Group Chats and Team Communication

- Use group chats for team-related purposes only, such as scheduling, logistics, or team encouragement.
- All members must maintain a respectful tone and avoid sharing inappropriate content.
- Coaches and administrators will monitor group chats to ensure compliance with this policy.

4. Privacy and Safety

- Do not share personal information, such as addresses, phone numbers, or financial details, on public platforms or unsecured group chats.
- Protect the privacy of teammates by obtaining consent before posting photos or videos featuring them.
- Be cautious when interacting with unknown accounts or followers to avoid scams or inappropriate contact.

ENFORCEMENT

- Violations of this policy will be reviewed by club leadership and may result in consequences, including warnings, suspension from team activities, or removal from the club.
- Members are encouraged to report concerns to a coach, administrator, or designated club official promptly.

ACKNOWLEDGMENT

- All athletes, coaches, parents, and volunteers must review and agree to this policy upon joining [Club Name]. By participating in club activities, you commit to upholding these standards in all social media and communication platforms.

FACILITY USE AND PROTOCOLS

FACILITY ACCESS

All players in our program are automatically enrolled in the DC Teams Membership plan. Families received an email to *download the KISI app*, which allows you to unlock the front door to the facility for access during hours where staff is not on site. This membership gives players use of tunnels during open times at no additional fees. Add on items, such as HitTrax, are available at a reduced rate. Open times are defined as normal business hours where space is not being utilized for team practices, lessons, or other organizational activities.

FACILITY SECURITY AND USE

Our facility features 24/7 security cameras and front door access log. We ask that if you are leaving the facility as the last one out, you complete the following:

1. Make sure all fans are shut off - three on the turf and one upstairs
2. Turn off overhead warehouse lights. The four light switches are located near the breaker box on the wall next to the glass sliders. The mezzanine lights both upstairs and downstairs are on timers.
3. Turn off lobby lights, hall light, and bathroom lights. The display lights are on a timer.
4. **Make sure the door is securely closed behind you. It will lock automatically.**

MEMBERSHIP LIMITED TO DIAMOND CLUB PLAYERS AND STAFF ONLY

Club members are NOT ALLOWED to invite guests to use the facility during a reservation. Siblings and other family members must have a separate membership. The general public may reserve and pay for rentals online. It is PROHIBITED to bring in outside/personal coaches to conduct training sessions in the facility. Failure to abide by these rules may result in the termination of your facility membership.

SPECTATORS

The turf areas are for athletes and coaches ONLY. Parents, siblings, and other family members are welcome to watch practices and lessons from our upstairs mezzanine. We have free WiFi and work stations, as well as television monitors that will frequently play sporting events. The only time the mezzanine will be closed to parents is the rare occasion of team and/or staff meetings.

SCHEDULE

Players can reserve tunnel time through the website. Look for 'Book Now' in the menu and then click on 'Book a Rental'.

As you will see when the full indoor schedule is released, we are packed with teams, lessons, and other programs so things need to run on time. Individual players/parents must only utilize the space you reserved, which is available to view in your email confirmation or in your account online. When using a tunnel, please be mindful of time. Coaches will need to plan practices accordingly so that you are out of your assigned space when the next team is due in.

SAFETY

This is something that we cannot stress enough: *Safety has to be first and foremost for all of us.* Everyone needs to know and abide by the rules (see complete list below).

WEIGHT ROOM

Team members do not have access to the weights, squat racks, box jumps, or cardio equipment unless they have the **Full Baseball Membership** or are in a group/team setting with a certified instructor. You must be age-eligible to participate. Please contact Diamond Club ownership for details or visit the membership page on our website.

BULLPEN

The bullpen is occupied most of the time with lessons and programs. DC will work with coaches to set up some additional time on weekends to use the bullpen when there are not lessons going on. This will be done through a rotation of available times so that everyone who wants access to it can utilize the space. The bullpen will not be available for individual member reservations. Please do not get out the equipment along the wall or cabinets.

GENERAL MAINTENANCE AND SUPERVISION

Please put back things when you move them, such as home plates, screens, buckets and mats. Coaches are responsible for enforcing behavioral expectations inside the facility which includes but is not limited to, noise level (remember, there are lessons going on and students need to be able to hear instructors), safety (not swinging bats outside the cages), food, etc.

TRAINING EQUIPMENT

Practice balls are available for your use. Baseballs are located in each tunnel 1-4. There are shelves next to tunnel 5 to use for the turf and retractable cages. Smash balls are located in REP fitness box next to the garage door. It is your responsibility to put everything back where it goes when you are finished with your session!

The backstop screens located in tunnels 1-4, along with the hitting mats, are not to be moved for any reason. Each tunnel has an L-screen so these should not be moved to a different cage. There are divider screens in tunnels 1 and 4 to split those respective cages into 'A' and 'B'. Please note the hitting orientation when utilizing this set up.

PLAYERS EQUIPMENT

With the exception of catchers who are carrying their gear, players should use backpacks/ small bags only when entering the facility. Players should keep their bags inside the turf area or along the tunnels. Bags are not allowed to be stored in the weight room, walkways, or in front of doors. This is a fire hazard and if the Fire Marshall would show up, we could be subject to a hefty fine.

Players are responsible for dumping out their bags to remove dirt and sunflower seeds.

TURF MAINTENANCE

There is no GUM, SUNFLOWER SEEDS or TOBACCO SPITTING allowed in the facility.

FOOD AND DRINK

Players should bring their own water bottle to each practice and lesson session. We do have a water fountain and vending machines with drinks. We ask that players, parents, and coaches pick up after themselves to keep the facility clean.

GOLF SIMULATOR

The golf simulator is available for hourly, monthly, or special event rentals. **This area is off limits unless it is reserved.** Please make sure that players, siblings, guests, etc. comply with this.

DETAILED RULES AND GUIDELINES

Players, Coaches, Spectators, and Staff are expected to know and follow all of these guidelines:

Baseball Training Space

Rules and Guidelines

- NO use of the batting tunnels for hitting without a protective L-Screen.
- NO horseplay.
- NO hanging or leaning on nets.

- NO open toed shoes.
- NO cleats, ONLY turf and tennis shoes permitted
- NO muddy clothes, shoes, and equipment.
- NO food or beverages – except water- are allowed on the turf, tunnels, or weight area.
- NO sunflower seeds or gum. Anyone in violation of this rule may be asked to leave and rental fee / reservation will be forfeited.
- NO tobacco or vaping products of any kind.
- NO spitting or nose clearing.
- NO person under the influence of Drugs or Alcohol is permitted to use the facility.
- NO throwing of bats or equipment.
- NO throwing of balls back at machines.
- NO use of equipment or technology without approval from Diamond Club management.
- NO use of equipment other than it's attended use.
- NO equipment is to be taken out of the training area.
- NO propping or opening facility doors.
- NO use of HltTrax or Rapsodo without the approval of management as part of your rental or team agreement/membership.
- **The training floor (turf and weight area) is for coaches and athletes ONLY. Parents and other family members are welcome to watch from the upstairs mezzanine.**
- Backpacks/equipment bags must be placed in a designated area away from doors or walkways.
- Children under the age of 13 must have adult supervision when using any part of the facility.
- Coaches must supervise other athletes under their direction that are elsewhere in the facility.
- Diamond Club **waiver of liability must be signed** by participants before use of the facility. Any user under 18 years of age (Parent/guardian must sign).
- Participants within **must wear** adequate **protective gear** appropriate for their sport/ activity (e.g., helmets for both batting practice pitchers and hitters).
- During winter months and rainy days, please bring a dry pair of shoes. Diamond Club staff may deny access to the training area if you do not have a dry pair of shoes.
- Have proper hygiene of athletic wear and equipment to maintain cleanliness and prevention of spreading germs.
- Diamond Club highly recommends tucking in jewelry to prevent from being yanked or caught on equipment.
- Pitchers during live batting practice must always use a L-Screen for safety.
- Use of each individual tunnels will be regulated for personnel practices. Utilization of L screens, netting, and protective equipment will ensure the safety of participants.
- Only approved balls by Diamond Club management will be used for pitching machines.
- Batting practice/swinging of bats must only take place in the cages.
- Balls may be pitched at any time. **BE ALERT AT ALL TIMES.**
- Those who are in the tunnels that are not in play are to be in designated standing areas.

- ONLY active participants and coaches are allowed on the training floor during rental times.
- Please be aware of your surroundings - Coaches remind your players that there is give to the nets and they should not walk or stand within 5 ft of any occupied net/tunnel.
- All equipment malfunctions and concerns need to be reported to the staff immediately.
- For sports besides baseball or softball, protective measures must be approved in advance of any use by Diamond Club management.
- Please be mindful and return all balls and equipment to their proper place after use.
- If you have the flu, a cold, or any other contagious illness, please do not use the facility.
- Articles lost are kept in the lost are kept in a designated box. Diamond Club is not responsible for any lost or stolen articles.
- This is a family atmosphere; no profanity, fighting or vulgar language/gestures will be permitted. Violators will be asked to leave.
- Diamond Club management reserves the right to remove any member or guest from the area if he or she exhibits behavior that is believed to be unsafe or inappropriate.

CAUTION! Injuries could result from the use of these devices. Users should assume the inherent risks of batting baseballs and softballs and other equipment. If users have any questions about the use of these devices or the inherent risks associated with the use of these devices, ask a Diamond Club staff member before using the facility.

Weight Training Area

Rules and Guidelines

- All of the above rules apply AND....
- **You must be at least 13 years of age and have an active "Full Baseball Membership", parent membership, or be enrolled in a weights and conditioning program to use weights/cardio equipment.** Minors under the age of 15 must have adult supervision at all times. Minors 15 years of age or older are allowed to utilize the weight equipment on their own provided they have attended one or more group/team training sessions and are proficient to execute lifts safely.
- NO food, ONLY drinks that have a sealable lid.
- NO throwing or slamming of weights.
- NO jeans are permitted. Jeans often have studs, rivets and zippers which may tear the fabric on the benches.
- NO use of equipment other than it's attended use.
- NO equipment is to be removed from the designated area.
- Diamond Club **waiver of liability** must be **signed** by participants before use of the weight training area. Any user under 18 years of age (Parent/guardian must sign).
- You are expected to observe weight room etiquette and always demonstrate courtesy towards others.
- SHIRTS, BOTTOMS, and SHOES must always be worn.
- Tops, tanks, bottoms, and sleeveless shirts are to be worn in a tasteful manner in accordance with athletic wear.

- Please wipe down equipment after use. Maintain proper hygiene of gym wear and equipment to maintain cleanliness and prevention of spreading germs.
- For the courtesy and safety of all members, all lifters **MUST** re-rack their own dumbbells and weights after they have finished using them. Continued failure to abide by this policy may lead to the suspension or termination of your membership.
- Please perform exercises with weight that you can safely lift or have someone spot you.

CAUTION! Injuries could result from the use of these devices. Users should assume the inherent risks of utilizing weights and cardio equipment. If users have any questions about the use of these devices or the inherent risks associated with the use of these devices, ask a Diamond Club staff member before using the facility.

Trackman Golf Bay

Rules and Guidelines

- NO horseplay
- NO muddy clothes, shoes, and equipment.
- NO sunflower seeds or gum. Anyone in violation of this rule may be asked to leave and a rental fee will be forfeited.
- NO tobacco or vaping products of any kind.
- NO spitting or nose clearing
- NO person under the influence of Drugs is allowed to use any part of the facility.
- NO throwing of clubs or equipment.
- NO swinging of clubs other than on the "green".
- NO use of equipment or technology without approval from Diamond Club Management.
- NO use of equipment other than it's attended use.
- **Members: you will receive access and setup instructions to utilize the simulator. It is your responsibility to shut down the system and secure the Trackman device in the locked cabinet when you are finished.**
- NO equipment is to removed from the space.
- Children under the age of 15 must have adult supervision on site.
- Diamond Club **waiver of liability must be signed** by participants before use of the golf bay. Any user under 18 years of age (Parent/guardian must sign).
- Personal clubs must be conditioned and cleaned prior to using the bay.
- All players must always hit and play from the "Green". No running starts.
- Only the person hitting a ball or at play should stand on the staging area. All other players should be behind the staging area. Players are responsible for the safety of others around them and should always check their surroundings before swinging a club or at play.
- Always aim for the targets. Aiming for the ceiling, walls or anywhere outside the screen is prohibited. Players are responsible for any damages or injuries caused.
- Throwing golf balls is prohibited.
- The bay is priced at an hourly rate for up to 4 players.

- Once play is done, please leave bay clean and tidy.
- All equipment malfunctions and concerns need to be reported to the staff immediately.
- This is a family atmosphere; no profanity, fighting or vulgar language/gestures will be permitted. Violators will be asked to leave.
- Diamond Club personnel reserves the right to remove any member or guest from the area if he or she exhibits behavior that is believed to be unsafe or inappropriate.

CAUTION! Injuries could result from the use of the golf bay. Users should assume the inherent risks associated as a user and spectator. If users have any questions about the use of these devices or the inherent risks associated with the use of these devices, ask a Diamond Club staff member before using the facility.

DIAMOND CLUB PERFORMANCE CENTER



BULLPEN

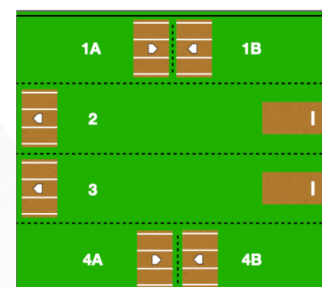
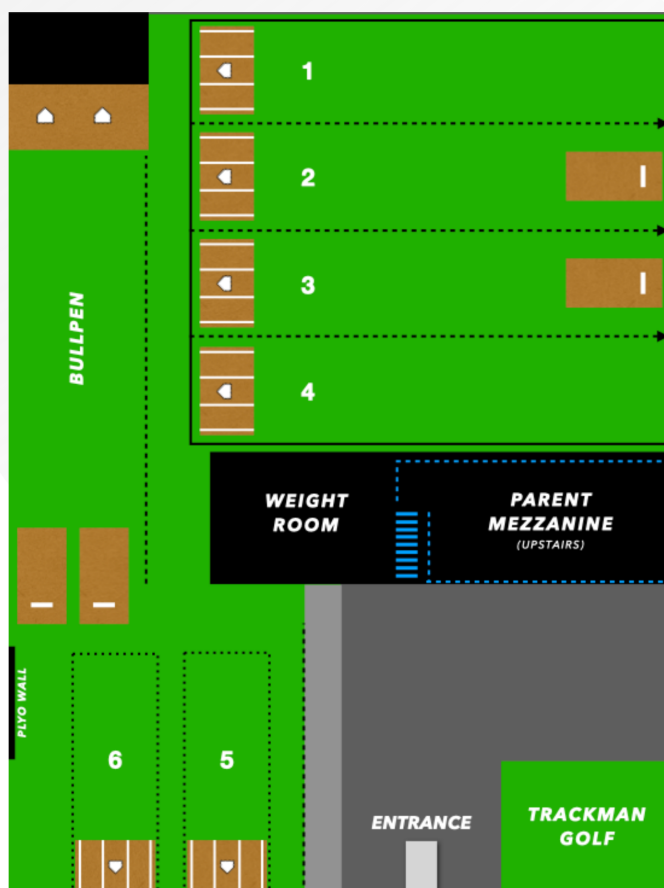
- 75' X 18'
- Portable mounds

MAIN TUNNELS

- 72' X 56' (Open)
- (4) 72' x 14' Tunnels
- (2) HitTrax
- (2) Portable Mounds
- Tunnels 1 and 4 can be split

TURF

- (2) Retractable Tunnels
- Plyo wall
- Throwing, defense, speed & agility, classes



WEIGHT ROOM

- 1400 sf
- Custom designed racks
- Cardio equipment

MEZZANINE

- Parent viewing area
- Work stations
- Conference table
- Team meeting space

GOLF SIMULATOR

- Trackman technology
- Practice/play at some of the best courses in the world

SUPPORTING YOUR ATHLETE

The environment at home is a vital component to the development of young athletes. Here are 12 ways you can support your player:

- Encourage and cheer them on!
- Express your pride in your player and the TEAM.
- Provide him with nutritious options to optimize performance on the field.
- Remind your player that this is about the process, not the results.
- Remind him that at times, life and sports are unfair.
- Allow your player to fail.
- Ask questions!
- Encourage him to respect coaches and umpires and model what this behavior looks like.
- Help him manage his emotions.
- Teach him responsibility and accountability.
- Don't compare his achievements to those of his peers.
- Set the proper expectations.

ADDITIONAL RESOURCE:

[Youth Sports Inc. Interview With Tom Brady](#)

In this in-depth interview, Greg Olsen, a former NFL tight end and current broadcaster, sits down with Tom Brady to discuss his youth sports journey, his competitive drive, his perspective as a youth sports parent, and how his childhood experiences shaped both his athletic career and his approach to fatherhood.

The interview highlights Brady's reflections on his early sports experiences, emphasizing how his competitive nature was forged through challenges and setbacks rather than early dominance. Brady and Olsen discuss the pressures young athletes face, the role of parents in supporting their children, and the importance of creating a positive environment for growth in youth sports. A significant portion of the conversation focuses on how adversity in sports—such as failure, losses, or struggles—plays a critical role in developing resilience, a quality Brady credits for much of his success.

DIAMOND CLUB BASEBALL ABSOLUTES

Pitching

- Good tempo, work quickly
- Pitch aggressively and attack the glove
- Pitch with good angles down in the zone
- Fastball command
- Throw Change-Ups
- First pitch strikes. Get to strike 2!
- Stay ahead in counts. 1-1 (Swing Count)
- Put hitters away! 4 pitches or less.
- Control the running game
- Quick feet and quick accurate pick off throws
- Make base runners stop. Vary the looks to the bag
- Slide step when situation warrants



Hitting

(General)

- Quality at bats
- Have a plan!
- Strike zone discipline
- Hunt fastballs early in counts
- Don't be late 2-0, 3-1; hot zone fastballs
- Lay off breaking balls 1-0, 2-1
- When behind in count, still looking fastball and adjust to off speed
- Two strike approach, spread it out and make contact

(Situational)

- No empty at bats (K's)
- Sacrifice Bunt: Make a plate adjustment and bunt strikes. Get the ball on the ground (1B or 3B)
- Hit and Run: Must protect the base runner with contact to opposite field (ground)
- Must move base runner from 2B to 3B by hitting behind the runner with 0 outs
- Must score all base runners from 3B with < 2 outs

Base Running

- Hard out of the box and down the line
- Think double out of the box on base hit to outfield
- Consistent and aggressive initial leads
- Use "read step" against all LHP
- Know outfield positioning and depth for early reads on balls hit to the outfield
- Know arm strength and throwing accuracy of opposing outfielders
- Go 1st to 3rd whenever possible
- Green lighted runners identify breaking ball counts, 0-2 and 1-2
- All runners read and anticipate the breaking ball in the dirt 0-2, 1-2
- Base runners read "down angles" on pitches
- Go hard and break up the double play

Defense

- Communicate
- Know the situation, play it forward. Anticipate!
- React and make the routine play
- Outfielders be on the move, back up all throws
- Strong, accurate relay throws
- Hit the cutoff man
- Get outs and get off the field

Team Execution

Hitters: Win every inning offensively

Pitchers: Throw shutdown innings

Defense: No extra outs allowed



DIAMOND CLUB BASEBALL

(720) 210-9597

teams@diamondclubbaseball.net

DIAMONDCLUBBASEBALL.NET